



1412 Main St., Suite 205
 Dallas, TX 75202
 214-741-6359 office
 214-741-6389 fax
www.MyAyS.net

Contact Information for Local Agencies

The Arc | www.thearc.org

Metrocare | www.metrocareservices.org

Every Child, Inc. | www.everychildinc.org

Camp Summit | www.campsummittx.org

Special Olympics | www.sotx.org

DADS | www.dads.state.tx.us

Social Security Administration | www.ssa.gov

Medicare & Medicaid Services | www.cms.gov

U.S. Health & Human Services | www.hhs.gov

Disability.gov | www.disability.gov

AAIDD | www.aaid.org

U.S Citizenship & Immigration Services | www.uscis.gov

American Bar Association	(888) 281-6511	Legal Assistance
Catholic Charities	(214) 941-8596	Food, Rent, Utilities
Suicide Crisis Center	(214) 828-1000	Dallas County 24 hr. Service
Federal Info. Center	(800) 688-9889	Various Information of Federal Programs
Meals on Wheels	(214) 689-0639	Meals to Homebound Elderly & Disabled
West Dallas Community Services	(214) 670-6530	Rent & Utilities
North Texas Legal Services	(214) 748-1234	Legal Services to Low Income Individuals
Texas Dept. of Human Services	(214) 372-6370	Food Stamps, AFDC, Medicaid, Nursing Home
United Way Community Council	(214) 379-4357	Refers Clients to Other Agencies for Help
Senior Citizens of Dallas	(214) 823-5700	Aging Info. & Money Management Program
Senior Citizen Services	(800) 252-5400	Adult Abuse Line
Bethlehem Foundation	(214) 371-3407	Emergency Food, Clothing, Utilities, & Rent
Salvation Army	(214) 688-4494	Social Service Number
Salvation Army	(214) 634-3454	Domestic Violence Hotline
Visiting Nurse Association	(214) 689-0000	Senior Citizen & Health Services
Catholic Counseling	(214) 526-2772	Family & Children Services
DART Bus Services	(214) 979-1111	Schedule Information
INS & DHS (Immigration Services)	(214) 655-5384	Application & Benefits

Ahora y Siempre is a leader in providing quality services and advocating for people with developmental disabilities. Available here are links & numbers that can be used by other providers, individuals, churches, civic organizations and others to enhance programming for and awareness of people with developmental disabilities. Ahora y Siempre does not endorse, promote or recommend any particular person, place, therapy, institution, professional system or service. Our desire is to bring together families and those interested in meeting the needs of persons with disabilities.